



Target Area: Anxiety, Depression, Stress & Adjustment/ Independent & Self Care
ADL

<p>Dennis, O'Rourke, Slattery, Staniforth & Warlow (1997). <i>Evaluation of a Stroke Family Care Worker: Results of a Randomised Controlled Trial</i>. British Medical Journal 314(7087): 1071-1076</p>	<p>PE德罗 score – 5/10</p>
<p>Method/Results</p>	<p>Rehabilitation Program</p>
<p>Design:</p> <p>Y StudyType: RCT.</p> <p>Y Population: 417 patients with acute stroke: 50% males; M=67.8 years (No SD provided), represented 67% of all admissions (remainder not recruited because lived too far away).</p> <p>Y Groups: 2 groups:</p> <ol style="list-style-type: none"> 1. Intervention by stroke family care worker (n=210). 2. Standard care (n=207). <p>Y Setting: Inpatients and outpatients to a clinic.</p> <p>Primary outcome measures:</p> <p>Y Barthel index (completed by patient).</p> <p>Y Frenchay activities index (completed by patient and carer).</p> <p>Y Oxford handicap scale (patient).</p> <p>Y General health questionnaire (patient and carer).</p> <p>Y Social adjustment scale (patient and carer).</p> <p>Y Hospital Anxiety and Depression scale (patient and carer).</p> <p>Y Caregiver hassles scale (carer).</p> <p>Y Mental Adjustment to stroke scale (patient and carer).</p> <p>Y Patient satisfaction scale (patient and carer).</p> <p>Secondary outcome measure/s:</p> <p>Y None.</p> <p>Results: Patients with worker had greater social adjustment and satisfaction with care. Carers visited by care worker had better mood and expressed greater satisfaction with communication and support in their care.</p>	<p>Aim: To improve the physical, social and psychological status of stroke patients and their carers via contact with a stroke family care worker.</p> <p>Materials: None specified.</p> <p>Treatment Plan:</p> <p>Y Duration: 6 months.</p> <p>Y Procedure: Approximately 3.6 contacts in 6 months (range 0-17).</p> <p>Y Content: Social work trained care worker contacted families, identified unmet needs and tried to fill these from available resources (health, social services and voluntary agencies) plus provided counselling herself.</p>