



Target Area: Anxiety, Depression, Stress & Adjustment / Behaviour Problems

<p>Magai, Cohen and Gomberg (2002). <i>Impact of Training Dementia Caregivers in Sensitivity to Non Verbal Emotion Signals</i>. International Journal of Psychogeriatrics 14(1): 25-38</p>	<p>PEDro score - 5/10</p>
<p>Method/Results</p>	<p>Rehabilitation Program</p>
<p>Design:</p> <p>Y Studytype: RCT.</p> <p>Y Population: n=91 people (6.6% M; M=85.9 years, SD=7.8) with dementia (mean MMSE=3.4; SD=5.0).</p> <p>Y Groups: 3 Nursing home units assigned to:</p> <ol style="list-style-type: none"> <li>1. Nonverbal sensitivity training.</li> <li>2. Behavioural placebo.</li> <li>3. Wait-list.</li> </ol> <p>Y Setting: Nursing home.</p> <p>Primary outcome measure/s:</p> <p>Y BEHAVE-AD (Checklist of hallucinations/delusions):</p> <p>Y Cohen Mansfield Agitation Inventory (CMAI) to measure 29 types of agitated behaviour (likert scales).</p> <p>Y Cornell Scale for Depression in Dementia (CSDD).</p> <p>Y Coding of facial expression recorded during semi-structured interview.</p> <p>Y Brief Symptom Inventory (for carers).</p> <p>Secondary outcome measure/s:</p> <p>Y None.</p> <p>Results: Increase in frequency of positive facial affect for treatment group at 6 weeks post treatment, faded by 12 weeks. No other effects.</p>	<p>Aim: To improve quality of life, behaviour and affect in people with dementia and their carers by increasing understanding of non-verbal affect.</p> <p>Materials: Training manual for 10 hour education program on affect (available from authors on request).</p> <p>Treatment Plan:</p> <p>Y Duration: 2 weeks.</p> <p>Y Sequence: 10 one hour lectures.</p> <p>Y Content: Program addresses education for carers regarding basic emotions, how these are conveyed and practice in their recognition.</p>