Target Area: Behaviour Problems / Communication, Language, Speech Disorders / Interpersonal & Social Skills

Schloss, Thompson, Gajar & Schloss (1985). *Influence of Self-Monitoring on Heterosexual Conversational Behaviors of Head Trauma Youth.* Applied Research in Mental Retardation 6(3): 269-282	RoBiNT score – *to be confirmed*
Method/Results:	**Rehabilitation Program**

Method/Results:

Design:
- Y Study Type: SSD. Multiple baseline across behaviours, replicated across participants.
- Y Participants: 2 males (age 20 and 21 years) with subdural hematoma secondary to MVAs.
- Y Setting: Community setting – clinic at university.

Target behaviour measure/s:
- Y Videotaped conversations scored for the presence of 3 behaviours: (1) complimenting others (2) Asking others questions about themselves and (3) Telling others about self.
- Y Tapes also scored for "subjective evaluation" i.e. variety of social competence measures (on a scale 1–5) including: eye contact; speech fluency: intonation; affect; content; balance and overall conversational ability.

Primary outcome measure/s: None

Results: Relative to a cohort of 10 healthy men and women without injuries the 2 men with TBIs behaviours (1) and (2) came within normal range and (3) dropped below normal range. Subjective evaluation scores changed significantly from pre to post treatment.

Rehabilitation Program

Aim: To improve conversational skills by training participants to self–monitor the frequency of particular social behaviours (see outcome measures).

Materials: Video camera, female confederates for the conversations, video player, mechanical counter.

Treatment plan:
- Y Duration: About 22 sessions (after 6 sessions of baseline).
- Y Procedure: 30 minute training sessions every second day (Mon, Wed, Friday).
- Y Content: Participants told that purpose of sessions was to learn and practice recording one of the 3 target behaviours. They were given videoed examples and practice in identifying these (never told what a desirable rate might be). Following this had to self–monitor during actual conversations with confederates using mechanical counters to start and then just covertly.