



<p>Wesolowski et al. (1999). Mini-breaks: The use of escape on a fixed-time schedule to reduce unauthorized breaks from vocational training sites for individuals with brain injury. <i>Behav Intervent</i>, 14(3): 163-170.</p>	<p>RoBiNT score – 12 /30</p>
<p>Method / Results</p>	<p>Rehabilitation Program</p>
<p>Design</p> <ul style="list-style-type: none"> • Study Type: SCD. Multiple baseline across participants. • Population: n=3. All participants described as having “significant frontal lobe damage” following TBI (automobile accidents). <ul style="list-style-type: none"> ○ Jim: male, age 19. ○ Ralph: male, age 16. ○ Mark: male, age 24. • Setting: Vocational training program. <p>Target behaviour measure/s:</p> <ul style="list-style-type: none"> • Number of unauthorised breaks from vocational site. <p>Primary outcome measure/s:</p> <ul style="list-style-type: none"> • No other standardised measure. <p>Results: Graphed data provided, but no statistical analysis conducted. All 3 participants showed reduction in unauthorised absconding: at baseline had means of 2.3, 2 and 4 unauthorised breaks per day respectively and at the end of treatment all had 0 unauthorised breaks, maintained at 6 and 12 month follow-ups.</p>	<p>Aim: To decrease the frequency of leaving the vocational site without authorisation, using noncontingent escape.</p> <p>Materials: Written sheet (8.5 x 11 inches) with times of scheduled minibreaks written in large letters and posted at each person’s workstation.</p> <p>Treatment Plan:</p> <ul style="list-style-type: none"> • Duration: Jim: 40 days, Ralph: 43 days, Mark: 31 days. • Procedure: No therapy sessions per se; rather therapy procedures applied throughout the training program: 9:00am – 3:30pm. • Content: <ul style="list-style-type: none"> • Vocational instructors were initially trained in ignoring participants when they left the worksite and praising them for returning on time from their breaks. • Implemented noncontingent escape, by explaining to participants that they would have minibreaks occurring for 10 minutes each hour. • The schedule of minibreaks was written onto the paper and posted onto the workstation. The vocational instructor prompted the participant to take his break if this was not self-initiated.